

SHORT TERM TRAINING FOR YOUTH WORKERS. CEULAJ, 8-12 APRIL 2019

	<p>Draft of the daily program Malaga April 8 – 12 <i>time for training: 9.00 – 13.00/ 14.30 – 16.30 (with coffee break if foreseen and lunch time)</i></p>	
Day 1, 8 April	<p>Self-realization: a journey through the beauties of the internal world</p>	
9.00 –16.00	<p>welcome and introduction of partners and participants</p> <p>Topic1 -Introduction of the main topic coaching and emotional intelligence for training Exercizes and feedback</p> <p>Topic 2- Primary, secondary and situational feelings; Exercizes in group and feedback</p> <p>Topic 3- happiness, levels how to recognize it? Exercizes in single and in group</p> <p>General feedback</p>	<p>Introduction and ice-breaking (FAMP)</p> <p>Trainers (AMS)</p> <p>Final conclusion can be proposed by *partner UBBSLA, with some practices</p>
16.00 – 20.00	<p>Cultural activities. Visit to El Torcal Nature Reserve (participants should wear comfortable shoes to walk (trekking shoes are suggested)</p>	
Day 2, 9 April	<p>Potentialities, resources and skills</p>	
9.00 –14.00	<p>Topic 1 - The strategy for getting better Working groups and experiences</p> <p>Topic 2 – Values and opinions in professional representation Role playing and joint map Goal setting technique</p> <p>General feedback: building together the Pyramid of values</p>	<p>Trainers</p> <p>Final conclusion can be managed by partner AMS with some best practices</p>



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15.00– 20.00	Visit to El Caminito del Rey Path, 8 kilometers route. http://www.caminitodelrey.info/en/4760/photos	
Day 3, 10 April	Free time for cultural trip. Visit to Málaga for the whole day. (Picasso Museum, visit to the Cathedral and access to cathedral's roofs, visit to Roman theater, visit to Wine museum...)	
Day 4, 11 April	The vocation	
9.00 –16.00	<p>Topic 1 – vocation and jobs Participants are asked to prepare and present some products of their experience or some videos or others that represent the relation between vocation and jobs Case study</p> <p>Topic 2 – creativity and reality Starting from desires, analyzing the difference between opportunity and dream Film and game on imagination</p> <p>General feedback</p>	<p>Trainers</p> <p>Final conclusion can be proposed by partner FAMP with some best practices or example</p>
16.30 – 20.00	Antequera and The Antequera Dolmens site (<i>inscribed on the UNESCO World Heritage list</i>).	
Day 5, 12 April	Communication with young and with the enterprises world	

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<p>9.00 – 14.00</p>	<p>Topic: Coaching and communication: how to communicate with young potential entrepreneurs? Exercizes on communication strategy</p> <p>General feedback with final exercise: the coaching compass</p>	<p>Trainers</p> <p>Joint conclusion and feedback by all partners' representatives. Each representative can make a short lecture on the meaning of the training and on the main issues</p>
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*Partner can be represented by one of the youth workers, or by the entire group of youth workers.